TEAM BUILDING

Improve efficiency and interpersonal relationships



WHO IS IT FOR?

Management teams, project teams, multidisciplinary and multi-cultural teams.

FOR WHAT PURPOSE?

The common general purpose for having team buildings is to:

- build team rapport
- strengthen existing teams
- build high performance teams
- align project teams
- develop interdependency in teams

HOW DOES IT WORK?

Choosing your coaches

You will choose your coach among those offered to you during an initial introductory session. It's the 'chemistry' meeting.

Setting up the contract

On this occasion, you will decide jointly on: the objectives for the coaching and the indicators associated with each objective.

A tripartite coaching contract will be drafted further to this session.

The coaching sessions

They take place outside the organization at a venue to be decided upon by you and your coach, or over the phone if needed.

The closure meeting

A tripartite post-coaching debriefing session takes place further to the coaching.

WHAT IS TEAM BUILDING?

Team building is an ongoing process that helps a work group evolve into a cohesive unit. The team members not only share expectations for accomplishing group tasks, but also trust and support one another and respect one another's individual differences.

