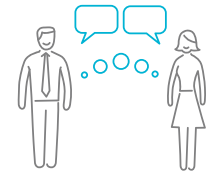


MENTOR COACHING

Achieve ICF accreditation or continuously improve your coaching skills



WHO IS IT FOR?

Any coach wanting to achieve ICF accreditation.

FOR WHAT PURPOSE?

- › Complete clarity and confidence in the 11 ICF Core Competencies
- › Gain from your own learning and coaching, as well as gaining from the learnings and coaching of others
- › Improve coaching skills through learning from an experienced coach who has been trained in a variety of methodologies
- › Gain new tools to use in your coaching practice
- › Powerful relationships developed within the group
- › Group support on achieving your goals and overcoming your obstacles
- › Feel confident in your readiness for the ICF assessment process

HOW DOES IT WORK?

Each session will be a mixture of group facilitation, training/learning and coaching.

We focus on the 11 ICF Core competencies

We discuss the competencies and the minimum skill requirements for each credentialing level.

Generally sessions will include:

- › 1 coach practicing coaching, another being coached on something real for them
- › feedback against the competencies from all listeners and the mentor
- › discussion on key points highlighted
- › discussion on any client queries brought to the session from coaches
- › case studies and whatever is most useful for the group session by session

WHAT IS MENTOR COACHING?

“For the purpose of credentialing, mentor coaching means an applicant being coached on their coaching skills rather than coaching on practice building, life balance, or other topics unrelated to the development of an applicant’s coaching skills.

This requirement is intended to help applicants prepare for participation in the ICF Portfolio exam.”

ICF definition